

The Arbor

ASSISTED LIVING MEMORY CARE

3002 Westward Drive • Nacogdoches, TX 75964 • (936) 560-1272

September 2019

Staff Directory

Executive Director

Mary Jo Lees

Marketing Director

Karen Chandler

Administrative Assistant

Chelsea Wimberly

Wellness Director

Cecilia Bell

Dietary Supervisor

Monica Montgomery

Maintenance Supervisor

Micheal Duvall

Resident Council President

Jo Ann Pleasant

Food Committee Chairmen

Frankie Denman



Resident of the Month



Sue Edmonds

Sue was born and reared in Nacogdoches, Texas. She was married to Tom Edmonds, and were together for 61 years. Together they have two children, Karan and Brook, 4 grandchildren, 1 great-grandchild and another on the way. Sue got to do what she loved for a living,

teaching children, specifically 3rd grade children for 32 years. Some of her favorite hobbies include reading to children, serving others, and Bible study. Sue is not one to sit and watch TV; she likes to be on the move helping others. She attended First Baptist Church in Ardmore, OK and has been on many mission trips to different places such as Romania, Germany, and Chile. She loves the Lord and loves to share His word with others. Sue has been living here at the Arbor for almost a year now; we are happy to have her call the Arbor her home.



Wednesday Morning Exercise with Adam's Therapy

Happy Birthday

- 9/6 Billie W.
- 9/8 Jo B.
- 9/23 Dee J.
- 9/25 Eugene P.
- 9/26 Foye W.



A fun Game of Pictionary



Trivia Whiz

The Queen of Fall Flowers

Chrysanthemums provide a splash of color in fall flowerbeds and centerpieces. Celebrate this seasonal favorite with a bouquet of floral facts:

Native to China, the flower was grown as early as 1400 B.C. and used as an herbal remedy.

The first chrysanthemums had small yellow blooms, inspiring their name, which comes from the Greek words meaning "gold flower."

One of the top-selling potted plants in the U.S., the chrysanthemum is often called the "queen of fall flowers."

The flower is a symbol of joy, love, loyalty and longevity.

The mum is the traditional flower for a 13th wedding anniversary, as well as the birth flower for November.

Resident Spotlight



Joan Harris

Joan was born and reared in Beaver Crossing, Nebraska. When she turned 18 years old, she moved to Texas after the war. Soon after she moved to Texas, she met the love of her life, Alan Harris. They were married for 70 happy

years. Together they had two children, Carol and Jefferey, along with 4 grandchildren. She worked as a secretary for most of her life. She worked at Casis Elementary School in Austin, Texas, until she retired. She loved working at the elementary and even made some lifelong friends. They even named a playground after Ms. Joan. Joan loved to vacation with her family; every summer they either went to Missouri to visit family, Colorado or Alaska. Her hobbies included gardening, painting and quilting. Joan would consider herself a cat person; she especially loves her 22-year-old cat Bubba. We love having Joan here; she is such a joy to be around!

Employee Spotlight



Thelma Peacock

Thelma has worked with us for 2 and a half years. She is a very caring person and loves her residents. She has been selected the employee of the month for all her hard work. If she is at work she is constantly moving and making sure everything gets down in a timely manner and that all the residents are happy. She is constantly going above and beyond making Our Memory Care a wonderful place to be. Thank you Thelma for all of your hard work



Activities

EXTRA EXTRA Community News



Wit & Wisdom

“When you are asked if you can do a job, tell ‘em, ‘Certainly I can!’ Then get busy and find out how to do it.”
—Theodore Roosevelt

“I don’t know that there are any shortcuts to doing a good job.”
—Sandra Day O’Connor

“Even though your time on the job is temporary, if you do a good enough job, your work there will last forever.”
—Idowu Koyenikan

“Nothing is particularly hard if you divide it into small jobs.”
—Henry Ford

“Maturity: Be able to stick with a job until it is finished. Be able to bear an injustice without having to get even. Be able to carry money without spending it. Do your duty without being supervised.”
—Ann Landers



July Birthday Lunch!



Planted some pots for flowers with Texas Home Health!



Decorating coffee cups, because who doesn't love coffee.



Everyone came out to say “See you Later” to Nicole who has been with us for 8 years. She will be missed.



A SPARK

of creativity

National Assisted Living Week®
SEPT. 8-14, 2019

“This Month In History” SEPTEMBER

1928: By accident, Scottish scientist Alexander Fleming discovers penicillin, the world’s first antibiotic.

1930: American Bobby Jones becomes the first to achieve the Grand Slam of golf by winning the year’s four major championships.

1955: Little Richard records what will be his first major hit, “Tutti Frutti.” Loud and with a driving beat, the song is hailed as pioneering the rock ‘n’ roll sound.

1970: A groundbreaking sitcom at the time, “The Mary Tyler Moore Show” premieres.

1987: New York City’s Rockefeller Center is declared a National Historic Landmark.

1998: A new federal law mandates that all automobiles sold in the U.S. must be equipped with air bags.

2002: Kelly Clarkson is named the first “American Idol” for the inaugural season of the TV singing competition. Clarkson has gone on to top the music charts and win several Grammy Awards.

2011: After 41 years, the daytime TV soap opera “All My Children” airs its final episode.