



# The Arbor

**ASSISTED LIVING  
MEMORY CARE**

3002 Westward Drive • Nacogdoches, TX 75964 • (936) 560-1272

August 2019

## Staff Directory

**Executive Director**

Mary Jo Lees

**Marketing Director**

Karen Chandler

**Administrative Assistant**

Nicole Blanton

**Wellness Director**

Cecilia Bell

**Activity Director**

Chelsea Wimberly

**Dietary Supervisor**

Monica Montgomery

**Maintenance Supervisor**

Micheal Duvall



## Resident of the Month



**John Sneed**

John was born in Lufkin, TX and reared in Wells, TX, alongside 2 brothers and a sister. One of his favorite things to do is to spend time with his nieces and family.

John has always been very good to all his family, especially his mother who he helped often. He is a proud member of Falvey Methodist Church in Wells, TX for his whole life. In his community he was well-known for his service for the Seniors in the community. He also was a great neighbor. At his Church he was a very involved member. He would pass out programs and even take up the offerings on Sundays. Nowadays some of his favorite things include going to eat with his nieces, playing bingo and watching Football. We are very happy to have John here with us at the Arbor!



## August Birthdays

8/2	Georgia J.
8/5	Sue M.
8/15	Betty S.
8/17	Bud N.
8/21	Ruth M.
8/23	Frances L.
8/30	Norma H.
8/31	Herbie B.



A special thank you to the Students of the Occupational therapy Program with Panola for all the fun Activities they hosted.



Playing Wii Bowling



## Trivia Whiz

### Get to Know Graceland

Elvis Presley's sprawling Graceland estate in Memphis, Tenn., opened to the public in 1982. Get all shook up with these facts about the King's home.

The original owners named the property Graceland, after a female relative.

In 1957, at age 22, Presley bought the home and surrounding land for \$102,500, which would be about \$920,000 today.

The mansion's legendary music-themed iron gates were installed soon after the home's purchase.

The Jungle Room was a favorite hangout for Presley, who wanted the room to remind him of Hawaii.

Drawing more than 600,000 visitors each year, Graceland is the second most-visited home in the U.S., after the White House.

## Resident Spotlight



### Frankie McClurg

Frankie was born in Lilbert, TX and reared in Nacogdoches, TX. She has been married to Ed McClurg for 54 years. Together they have 2 sons. She is known as GaGa to 7 grandchildren, 13 great-grandchildren and 1 great-great-grandchild. Frankie has

always loved the Lord and enjoyed sharing her faith with others. In her free time, she volunteered for 1st Baptist Church of Nacogdoches, Love Inc., and HOPE. Frankie worked for the City of Nacogdoches Municipal Court first as a Secretary then moved to working as the Associate Judge. After she retired, she went on to work for Oak Grove church as a Secretary. Frankie is a proud member of 1st Baptist Church of Nacogdoches. Some of her favorite hobbies include reading and playing dominos. She and Ed also loved to go camping locally. Mrs. McClurg was warmly welcomed as she moved into the Arbor, for she frequently visited in the past.

## Employee Spotlight



### Rachel Herring

Rachel was born and reared in Washington and has lived in Texas for the past 4 years. She has been married to Jesse Herring for 23 years, and

together they have 3 boys and 1 girl. Their youngest children are twins. Rachel has been at The Arbor for about two years now. When asked what her favorite thing about working at The Arbor was she said the Activities and spending time with the Residents. Rachel works as a Medication Aide in both Assisted Living and Memory care. She is very prompt and precise with her work. We appreciate all the hard work you do!





## Veteran's Celebration



## 4th of July Celebration With Panola Students



## Wit & Wisdom

"I look on life as a joyous adventure."  
—Ernie Harwell

"Instead of trying to make your life perfect, give yourself the freedom to make it an adventure, and go ever upward."  
—Drew Houston



"The biggest adventure you can take is to live the life of your dreams."  
—Oprah Winfrey

"We live in a wonderful world that is full of beauty, charm and adventure. There is no end to the adventures that we can have if only we seek them with our eyes open."  
—Jawaharlal Nehru

"It's never too late in life to have a genuine adventure."  
—Robert Kurson

"Adventure is worthwhile in itself."  
—Amelia Earhart

## August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>August</i>				1	2	3
4	5	6	7	8		10
11	12	13	14	15	16	17
18		20	21	22	23	24
25	26	27	28	29	30	31

## "This Month In History" AUGUST

**1902:** Pioneering cookbook author Fannie Farmer opens a cooking school in Boston, Miss Farmer's School of Cookery.

**1938:** Hollywood dance duo Fred Astaire and Ginger Rogers are featured on the cover of Life magazine.

**1948:** As part of the Berlin airlift operation, American and British planes fly in a record 5,000 tons of supplies in one day to parts of the city cut off by a Soviet blockade.

**1962:** Little Eva travels to the top of the pop music chart with the hit song "Loco-Motion" and inspires a dance craze.

**1975:** The first nighttime match is played under lights at the U.S. Open tennis tournament in New York City.

**1990:** The largest and best-preserved Tyrannosaurus rex skeleton ever found is discovered in South Dakota. The 65 million-year-old dinosaur specimen is on display at Chicago's Field Museum.

**2015:** Facebook hits a milestone, reporting that 1 billion people logged on to the social networking website in a single day.